



Inclusive Sport Development



BOCCIA : Arche & Saaba

In July we brought together two organizations working with people with intellectual and physical disabilities for a game of Boccia. Not only was this the first time they had met as organizations but we think also the first time competitive Boccia has been played in BurkinaFaso!

Arche is based to the North of Ouagadougou and **Saaba** based to the East.

The primary aim was to bring the two groups together but they still managed to attract spectators, including representatives from the Mayors office and local council, and in the end the competition could not have been closer or more entertaining.

We are now spreading the sport of Boccia throughout Burkina and encouraging meetings, matches and eventually leagues with a view to Burkina fielding successful teams in the Special Olympics

Allez les rouge!



Allez les bleu!



The Sport

Also called Bocce, it was first developed in Italy and shares many similarities with boules, petanque and bowls. The basic principle of the sport is to roll a ball closest to the target ball, called the jack, cue or pallina. Boccia as a Special Olympics sport was established in 1991.

It provides people with special needs the opportunity to have social contact, develop physically and to gain self-confidence. Next to Soccer and Golf, Boccia is the third most participated sport in the world.



Make • Do

Here are some of the ways the teams are using and reusing simple materials to encourage physical activity and the making of sports and fitness equipment



HANDICAP SOLIDAIRE
BURKINA - HSB

The ISD teams have a new home. HSB is a disability rights NGO, dedicated to empowering disabled people in Burkina Faso to play a full and active role in their socio economic development

HSB believes that sport has the power to transform the lives of people living with a disability through raising self esteem, confidence, inclusion and awareness within societies which tend to hold people with disabilities in low regard.

The Inclusive Sports Development teams and HSB will be working together to train athletes, promote awareness of and develop disability sport at all levels throughout Burkina Faso.

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BOCCIA BALLS

After various experiments using different materials, we think we have finally found the easiest way for people to make boccia balls. Hollow plastic balls are bought in the market, filled with sand and sawdust to get the weight right and then covered with vinyl for grip and protection. The 'jack' is made from toilet paper and glue



WOBBLE BOARDS

These wooden boards have been well used by many centres and are particularly popular with visually and hearing impaired children who get the opportunity to play and improve their balance at the same time



TARGET PRACTICE

The target board is painted with blackboard paint so we can chalk and name the shapes, colours or give them points. The arches at the bottom are for people who have difficulty throwing to roll balls through.

The tossing hoops game and the target board help judge distance, hand to eye coordination and motor skills. The hoops are made of wood covered with fabric and they are thrown over plastic plumbing pipes.

